

COVID – 19 SYMPTOMS CHECK FOR SAFE PRACTICE

Your Nutritional Therapy Practitioner follows the guidance provided by their regulatory body CNHC to ensure safe practice during your consultation. This means that they will check with you 24 hours prior to the appointment if you or anybody in your household is experiencing COVID-19 symptoms. The practitioner will also monitor daily his/her health and his/her family's health and will cancel any appointment if any symptoms are present.

Please sign this document to confirm that you have not been in contact with anyone with the COVID-19 symptoms listed below, nor do you have any of these symptoms.

- High temperature
- A new, continuous cough, note that if you usually have a cough, it may be worse than usual
- A new, loss or change to your sense of smell or taste

Also let your practitioner know if you have recently suffered from new symptoms such as

- Shortness of breath or difficulty breathing
- Abnormal fatigue
- Muscle or body aches
- Headache

Name _____

Signature _____

Date _____